

Infant Mental Health Project i-CAMHS Referral Form

Helping parents understand and respond to their infant's unique way of communicating is probably the most important intervention to the infant's development of a secure attachment. *P. Svanberg* (2002)

i-CAMHS REFERRAL FORM

				_			
DATE OF REFERRAL				REFERRER NAME & ROLE			
INFANT'S N	AME						
H&C NO DATE OF BIRTH ADDRESS				CONTACT NUMBER			
				AGENCY			
				ADDRESS			
				POSTCODE			
POSTCODE				GP NAME & ADDRESS			
				CONTACT NUMBER			
MOBILE NUMBER				Name of Health Visitor and contact details			
HOUSEHOL DOB for chi	NAME (Includ	e surname) [Include surname] [RELATIONSHIP]	es and	Family Tree			
OTHER ADDITIONAL NEEDS (E.g. Disability, transport) YES/NO							
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REASONS FOR REFERRAL
ISSUES FOR INFANT (Ante Natal, perinatal History/Developmental History)
INTERVENTIONS OFFERED/ONGOING
Please indicate the current concerns you have for the primary caregiver:
 <u>Current stressors</u> Economic deprivation YES/NO Social Isolation YES/NO Abusive relationship YES/NO Alcohol & Drug use YES/NO Father absence YES/NO Domestic violence YES/NO <u>Psychiatric/Psychology history</u> Depression Anxiety YES/NO Postnatal Depression YES/NO
 <u>Negative experiences during childhood</u> Physical, sexual or emotional abuse YES/NO Abandonment, loss or separation from parent YES/NO Foster home placement YES/NO Not known YES/NO
 Access to external supports Single parenthood YES/NO Limited extended family relationships YES/NO Limited support within marital relationship YES/NO
Further Comments

Please indicate the current concerns you have for the infant age:

0-12 months

- Appearance Size underweight or overweight YES/NO Dress and hygiene YES/NO
- Eating patterns Food refusal YES/NO Gagging or vomiting at sight of food YES/NO
- Sleep patterns night waking problems YES/NO Sleep onset problems YES/NO
- Physiological functioning Fussiness YES/NO Colicky behaviour YES/NO
- Sensory functioning Hyper- responsiveness YES/NO Excessive seeking of particular sensory input YES/NO
- Activity level Squirming constantly in parents arms YES/NO Sitting quietly on the floor YES/NO
- <u>Emotional functioning</u> Always intensely fearful **YES/NO** Frequently irritable **YES/NO** Mostly bland or constricted in expression **YES/NO**
- Attachment concerns-Clings unceasingly YES/NO Resists hold, arches away YES/NO Rarely searches for parent's face YES/NO Never reaches for or touches parent YES/NO Premature YES/NO

12-36 months

- <u>Unusual behaviours</u> Head banging YES/NO Smelling objects YES/NO Rocking YES/NO Bizarre verbalisations YES/NO Night terrors, nightmare YES/NO
- <u>Behavioural disturbances</u> Unable to interact positively with parents YES/NO, caregivers YES/NO or peers YES/NO Aggression or defiance YES/NO Easily frustrated (frowns often, appears stressed and irritable) YES/NO Impulsivity or over-activity YES/NO Withdrawn (unresponsive, listless) YES/NO Uncontrollable intense crying YES/NO
- <u>Developmental delay</u> Gross motor YES/NO Fine motor YES/NO Language YES/NO Cognitive YES/NO
- <u>Attachment concerns</u> Clings unceasingly YES/NO Resists holding, arches away YES/NO Rarely searches for parent's face YES/NO Never reaches for or touches parent YES/NO Premature YES/NO

Further Comments											
OTHER AGENCIES				. , . ,							
In order to prioritis	<u>se referra</u>	ls appropriately	please indica	ate (previous/curr	<u>ent)</u>						
Adult Mental Health CDC Forensics Paediatrics	YES/NO YES/NO YES/NO YES/NO	Addictions Disability Health Visitor Probation	YES/NO YES/NO YES/NO YES/NO	AHP Education LAC Social Services	YES/NO YES/NO YES/NO YES/NO	CAMHS FNP Midwifery Other	YES/NO YES/NO YES/NO YES/NO				
Please specify:											
SAFEGUARDING:											
Are there any Child Protection Issues (concern or risks) that we should be aware of?											
Please specify:											
ARE THERE ANY	LONE WO	RKER ISSUES T	O BE AWAR	E OF?							
Please specify:											

IF UNOCINI HAS BEEN COMPLETED, PLEASE FORWARD A COPY WITH THE REFERRAL

FAMILY INFORMATION (PARENT/SIGNIFICANT OTHERS):

KNOWN MENTAL ILL HEALTH (previous/current) YES/NO KNOWN LEARNING DISABILITY/DIFFICULT (previous/current) YES/NO KNOWN SUBSTANCE MISUSE OR ABUSE (previous/current) YES/NO KNOWN DOMESTIC ABUSE (previous/current) YES/NO YOUNG CARERS YES/NO **ADULT CARERS** YES/NO Please specify: Please include any copies of Risk Assessment/Graded Care Profile/Family Needs Assessment documentation with the referral form Is the parent/guardian aware and agreeable to this referral YES/NO Has the infant been seen by the referrer? YES/NO Please specify date infant was last seen by referrer.

Is the parent/main carer consenting to this referral?

YES/NO

PLEASE NOTE: Contact will be made with the GP and Health Visitor regarding an infant who attends i-CAMHS

SIGNATURE OF REFERRER:

PRINT NAME:

When completed please return to: CAMHS Referrals Coordinator

Craigavon/Banbridge Locality: Bocombra Lodge, 2 Old Lurgan Road, Portadown, BT63 5SG Telephone: (028) 38392112

Or email to: CAMHS.teams@southerntrust.hscni.net